

Our Team

Lifeline Darling Downs & South West QLD Ltd (LDDSWQ) provide programs through teams based in Charleville and Cunnamulla, with outreach to surrounding towns in the Murweh, Paroo, Bulloo and Quilpie Shires.

Identified staff provide individual support to First Nations peoples, ensuring that cultural safety needs are respected and met.

All teams work with agencies and services in the Southwest, empowering the community through violence prevention and healthy relationship education.

Services can be provided face-to-face, online or through telephone appointments.

Visit Us

8am to 5pm
Monday to Friday

Charleville Office
65 Edward Street,
Charleville 4770

Cunnamulla Office
50 Stockyard Street,
Cunnamulla 4490

Referral Process for all programs

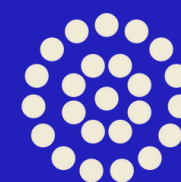
Online referral:

<https://www.lifelinedarlingdowns.org.au/make-a-referral>



1300 991 443 or 4688 3735

<https://www.lifelinedarlingdowns.org.au/>



Lifeline

**DARLING DOWNS &
SOUTH WEST QLD**

Wellbeing Services

in the South West

Crisis & Recovery Services

Domestic and Family Violence, Sexual Violence.

Counselling for children, youth and adults, women's health and wellbeing, and court support are offered to people experiencing violence (current and historic).

The team also deliver a 'Be the Change' program for people who use violence.

People affected by sexual violence (Adults and young people 12 years and older) can access trauma-informed support regardless of when the violence occurred.

Social & Emotional Wellbeing Services

LDDSWQ provides individualised support to clients to navigate options through LDDSWQ and other services like drug and alcohol, medical and psychology.

Individual and group-based Cognitive Behaviour Therapy, Financial Wellbeing and Emergency Relief are available to young people (12 years and older) and adults who experience mental health issues like grief, loss, depression, anxiety, and disaster recovery.

Children, Youth & Family Support Services

Families and community members concerned about a child's wellbeing can contact Family and Child Connect (FaCC) for advice and support. FaCC assesses each situation and provides information, resources, or referrals for appropriate services for families.

Families who are working with Child Safety (with children at home or in an out-of-home placement) can also access help to develop practical skills to improve the safety of their home environment and strengthen relationships within their family.

LDDSWQ Children's Contact Service offers supervised contact and changeover services for children whose parents are separated. This provides an emotionally and physically safe place for children to strengthen their relationship with the parent they do not live with and, where possible, support parents to move towards managing their own contact arrangements.

Counselling is available for families with dependent children (aged 0-17 years) for issues like social isolation, social challenges, relationship problems and parenting. The focus is on developing healthy coping strategies, self-esteem, and emotional resilience.

Individualised support can be provided to young people currently involved with Youth Justice or Restorative Justice, as well as early intervention.